

Table for August 1st (8/1) featuring 'えいよう三色' (Healthy Three Colors) and '堺のめぐみ' (Sakai no Megumi). Includes main dishes like 'ごはん・パン・牛乳' and 'たんぱく質・脂質エネルギー比'.

Table for August 2nd (8/2) featuring '黒糖パン・牛乳' and 'ごはん・牛乳'. Includes main dishes like 'ごはん・牛乳' and 'たんぱく質・脂質エネルギー比'.

Table for August 9th (8/9) featuring 'ごはん・牛乳' and 'ごはん・牛乳'. Includes main dishes like 'ごはん・牛乳' and 'たんぱく質・脂質エネルギー比'.

Table for August 16th (8/16) featuring '敬老の日' (Respect for the Aged Day) and '毎月19日は「食育の日」' (Monthly 19th is 'Shokugyo no Hi'). Includes main dishes like 'ごはん・牛乳' and 'たんぱく質・脂質エネルギー比'.

Table for August 23rd (8/23) featuring '秋分の日' (Autumnal Equinox Day) and 'お月見献立' (Moon Viewing Special Menu). Includes main dishes like 'ごはん・牛乳' and 'たんぱく質・脂質エネルギー比'.

Table for August 30th (8/30) featuring '9月10日(火) クマラスープ' (September 10th (Tue) Kumarasoup). Includes a map of New Zealand and text about the soup's origin.

★予定献立は内容を一部変更する場合があります

☆・・・オープン献立

Summary table with columns: 栄養価 (Nutritional Value), エネルギー (kcal), たんぱく質 (g), 脂質エネルギー比 (%), カルシウム (mg), マグネシウム (mg), 鉄 (mg), 亜鉛 (mg), ビタミンA (μgRE), ビタミンB1 (mg), ビタミンB2 (mg), ビタミンC (mg), 食塩相当量 (g), 食物繊維 (g).