

Main table containing school lunch menus for February. It is organized by date (Monday to Friday) and includes columns for meal number, ingredients, and nutritional values. Special features include 'えいよう三色' (Healthy Three Colors) on Monday, '山形県産の郷土料理「どんがら汁」' (Local food from Yamagata Prefecture 'Dongara-jiru') on Tuesday, and '食育の日' (Food Education Day) on Wednesday. Each menu item is accompanied by a small illustration of the dish.

☆...オープン献立

Nutritional value table at the bottom of the page. It lists various nutrients such as Energy (kcal), Protein (g), Fat (g), Calcium (mg), Magnesium (mg), Iron (mg), Zinc (mg), Vitamin A (μgRAE), Vitamin B1 (mg), Vitamin B2 (mg), Vitamin C (mg), Salt equivalent (g), and Dietary Fiber (g). It provides both the 2-month average and the standard values from the Ministry of Education, Culture, Sports, Science and Technology.