

Main table containing school lunch menus for May, organized by week (1-5) and day (Monday-Friday). Each entry includes a dish name, ingredients, and nutritional values. Special features like 'えいよう三色' and 'かしのめくみ' are highlighted.

★☆☆オープン献立

Summary table of nutritional values for the month of May, including energy, protein, fat, and various vitamins.

※栄養価は「日本食品標準成分表2020年版(八訂)」に基づき算出しています