

Main table containing school lunch menus for May, organized by date (e.g., 5/1, 5/8, 5/15) and meal type (e.g., 朝ごはん, 昼ごはん). Each entry includes a list of ingredients with quantities and nutritional information.

Nutritional information table with columns for Energy (kcal), Protein, Fat, Calcium, Magnesium, Iron, Lead, Vitamin A, Vitamin B1, Vitamin B2, Vitamin C, and Fiber. It provides average values for the month and compares them to national standards.

※栄養価は「日本食品標準成分表2020年版(八訂)」に基づき算出しています