

Table for March 1st (Monday). Includes menu items like 'えいよう三色' (Eiyō Sanshoku) and '牛乳を飲む' (Drink Milk). Nutritional values for energy, protein, and fat are provided.

Table for March 4th (Thursday) to 8th (Monday). Includes menu items like 'ごはん・牛乳 カレーうどん' and 'ごはん・牛乳 いなか汁'. Nutritional values and food images are included.

Table for March 11th (Thursday) to 15th (Monday). Includes menu items like 'ごはん・牛乳 さつまいも' and 'ごはん(増量)・牛乳 ポークカレーライス'. Nutritional values and food images are included.

Table for March 18th (Monday) to 21st (Thursday). Includes '卒業式' (Graduation Ceremony) on the 18th and '4月の給食は、4月11日(木)から始まる予定です。' (April school lunch starts on April 11th). Includes '堺のめぐみ' (Sakai no Megumi) section with food images.

Table for March 21st (Thursday) to 26th (Monday). Includes 'みんなが選ぶ 小学校最後に食べたい給食アンケート 結果発表!' (School lunch survey results). Features a table of top choices and a note about the survey.

Nutritional summary table for the month. Columns include: 栄養価 (Nutritional Value), エネルギー (Energy), たんぱく質 (Protein), 脂質エネルギー比 (Fat Energy Ratio), カルシウム (Calcium), マグネシウム (Magnesium), 鉄 (Iron), 亜鉛 (Zinc), ビタミンA (Vitamin A), ビタミンB1 (Vitamin B1), ビタミンB2 (Vitamin B2), ビタミンC (Vitamin C), 食塩相当量 (Salt Equivalent), 食物繊維 (Dietary Fiber).

※栄養価は「日本食品標準成分表2020年版(八訂)」に基づき算出しています