

Table for the first week of the school lunch menu. It includes columns for days (Monday to Friday), main dishes, and detailed ingredient lists with quantities. A large green box highlights '堺のめぐみ' (Sakai's Treasures) and lists local products like Tamanegi and Komatsuna.

Table for the second week of the school lunch menu. It includes columns for days (Monday to Friday), main dishes, and detailed ingredient lists. A central banner promotes '歯と口の健康週間' (Dental and Oral Health Week) with illustrations of a tooth and a child.

Table for the third week of the school lunch menu. It includes columns for days (Monday to Friday), main dishes, and detailed ingredient lists. A central banner promotes '食育の日' (Food Education Day) with illustrations of a pig and a cow.

Table for the fourth week of the school lunch menu. It includes columns for days (Monday to Friday), main dishes, and detailed ingredient lists. A central banner promotes '沖縄慰霊の日' (Okinawa Memorial Day) with illustrations of a pig and a cow.

Table for the fifth week of the school lunch menu. It includes columns for days (Monday to Friday), main dishes, and detailed ingredient lists. A central banner promotes '食育の日' (Food Education Day) with illustrations of a pig and a cow.

Summary table showing nutritional values for the 6-month average and the national standard. Columns include Energy (kcal), Protein (g), Fat (g), Calcium (mg), Magnesium (mg), Iron (mg), Lead (mg), Vitamin A, B1, B2, C, and Fiber.

※栄養価は「日本食品標準成分表2020年版(八訂)」に基づき算出しています