



学校給食予定献立表



Main table containing school lunch menus for June. It is organized by month (June) and day (Monday to Friday). Each day's menu includes a main dish, side dishes, and a drink. Nutritional information is provided at the bottom of the page.

Nutritional information table with columns for Energy (kcal), Protein (g), Fat (g), Calcium (mg), Magnesium (mg), Iron (mg), Lead (mg), Vitamin A (μgRAE), Vitamin B1 (mg), Vitamin B2 (mg), Vitamin C (mg), Salt (g), and Fiber (g). It includes average values for the month and comparison to national standards.

※栄養価は「日本食品成分表2020年版(8訂)」に基づき算出しています