



学校給食予定献立表



Main table containing 10 columns of menu items (e.g., 1, 4, 5, 6, 7, 8, 11, 12, 13, 14, 15, 18, 19, 20, 21, 22, 25, 26, 27, 28, 29) with detailed ingredient lists and nutritional information.

Nutritional summary table with columns: 栄養価 (Energy, Protein, Fat, Calcium, Magnesium, Iron, Zinc), ビタミンA, ビタミンB1, ビタミンB2, ビタミンC, 食塩相当量, 食物繊維.