



学校給食予定献立表



Main table containing school lunch menus for 28 days, including ingredients, quantities, and nutritional values. Includes a 'えいよう三色' (Healthy Three Colors) section and a '季節の野菜' (Seasonal Vegetables) section for June.

Summary table of nutritional values for the month of June, including Energy, Protein, Fat, Calcium, Magnesium, Iron, Lead, Vitamins A, B1, B2, C, Sodium, and Fiber.