

Table with 5 columns: 月, 火, 水, 木, 金. Includes '中区の6年生 リクエスト献立集計結果' and a list of menu items for the 6th grade request.

Table with 5 columns: 1, 2, 3, 4, 5. Lists menu items and their corresponding nutrient values (Energy, Protein, Fat, etc.).

Table with 5 columns: 8, 9, 10, 11, 12. Lists menu items and their corresponding nutrient values. Includes 'ひなまつり献立'.

Table with 5 columns: 15, 16, 17, 18, 19. Lists menu items and their corresponding nutrient values.

Table with 5 columns: 22, 23, 24, 25. Includes '卒業式' and 'えいよう三色' (Healthy Three Colors) section.

Table with 14 columns: 栄養価, エネルギー, たんぱく質, 脂質エネルギー比, カルシウム, マグネシウム, 鉄, 亜鉛, ビタミンA, ビタミンB1, ビタミンB2, ビタミンC, 食塩相当量, 食物繊維.