



学校給食予定献立表



Main table containing school lunch menus for February. It is organized by date (e.g., 1st, 8th, 15th) and includes columns for meal type (e.g., 1, 2, 3, 4, 5), ingredients, and nutritional values. Special sections include 'えいよう三色' (Healthy Colors) and '堺のめぐみ' (Sakai no Megumi) featuring local products.

今年(今年)の節分は 2月2日です (This year's Setsubun is February 2nd). Includes text about the festival and illustrations of children celebrating.

あ土地 この土地 ご当地グルメ【世界編】 (Local Food of this Land - World Edition). Features 'ドイツ連邦共和国 シュベックカルトツフェル' (Germany, Schuppkartoffeln) with an introduction to the dish and an illustration of a girl in a traditional dress.

堺のめぐみ (Sakai no Megumi). Promotes local agricultural products with a list of items like '小松菜' and '大根'.

建国記念の日 (National Foundation Day). Includes information about the '国産農林水産物学校給食提供事業' (National Agricultural, Forestry, and Fisheries School Lunch Provision Project) and a list of local products used.

献立表について (About the Menu Table). Provides instructions on units (grams), quantities, and symbols used in the menu.

Nutritional summary table with columns for Energy, Protein, Fat, Calcium, Magnesium, Iron, Zinc, Vitamin A, Vitamin B1, Vitamin B2, Vitamin C, Salt, and Fiber.