

Table for school lunch menu (Nov 1-23). Columns include date, meal name, ingredients, and energy values. Features a 'えいよう三色' (Healthy 3-color) theme and a '歯の日' (Teeth Day) illustration.

Table for school lunch menu (Nov 24-30). Columns include date, meal name, ingredients, and energy values. Includes an illustration of a child reading a book.

Table for school lunch menu (Nov 1-30). Columns include date, meal name, ingredients, and energy values. Includes an illustration of a child reading a book and a '食育の日' (Food Education Day) illustration.

Table for school lunch menu (Nov 1-30). Columns include date, meal name, ingredients, and energy values. Includes an illustration of a child reading a book and a '食育の日' (Food Education Day) illustration.

Large graphic for 'はなちゃんの歯' (Hana-chan's Teeth) featuring a character and text about oral health. Includes a '11月12日 みそ汁' (Nov 12 Miso Soup) announcement.

Summary table of nutritional values for the month. Columns include nutrient name, unit, and average value.