

Main table containing school lunch menus for June, organized by month (May, June, July) and day. Each entry includes a menu name, ingredients, and nutritional values. Special sections include 'えいよう三色' (Healthy Three Colors), 'おわんでごはんの日!' (Owan de Gohan Day!), and '堺産農産物 堺のめぐみ' (Sakai Local Produce).

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Nutritional summary table with columns for nutrient name (e.g., エネルギー, たんぱく質), unit, and values for the 6-month average and the national standard (文部科学省基準).